

Bear Valley Center for Spiritual Enrichment

A Religious Science Community "Open at the Top"

December 2020

Newsletter

Sunday Services, 10:30 a.m.

578 Bonanza Trail, Big Bear Lake P. O. Box 4184, Big Bear Lake, CA 92315 909-866-7100, Email:bvcse2000@gmail.com Website:

www.bvcse.org

501C3 tax ID #95-3685187

Our purpose is to inspire and nurture spiritual growth by accepting a loving, all inclusive community through teaching, healing, and serving, for the highest good of all. We are the Mind of God knowing, the Heart of God loving, and the Hands of God serving.

Newsletter staff: Editor, Ellen Kesler – Layout Manager, Julie Grandi Newsies – Mac & Hamish Kesler

December Topics and Speakers

December Calendar

December 6th	Rev. Diane Borcyckowski "All We Need is Love"	December 2 nd 10:00 a.m. Guided Meditation w Michael Benjamin (Live on Zoom)
December 13 th	Janet Grace Nelson "Peace in the Presence"	December 6th 10:00 - 10:20 a.m. Guided Meditation 10:30 a.m. Service begins (Live on Zoom)
December 20 th	Rev. Alison Benjamin "Revolve, Reconcile, Return"	December 9th Meditation w Michael Benjamin (Live on Zoom)
December 27 th	Rev. Dr. Martha Creek "New Ways of Being Old"	December 10 th HANUKKAH December 12 th Deep Meditation with Liz Harris 9:30 - 11:30 am (Live on Zoom)

December Calendar (continued)

December 13th 10:00 - 10:20

Guided Meditation

10:30 Service begins

(Live on Zoom)

12:00 Board of Trustees Mtg

(Live on Zoom)

December 16th Meditation with Michael Benjamin

(Live on Zoom)

"In La Kesh" Sacred Circle
Michael Benjamin leader
(Via Zoom

December 20th

10:00 – 10:20 Guided Meditation 10:30 Service begins

(Live on Zoom)

December 21st FIRST DAY OF WINTER

December 23rd Meditation with Michael Benjamin (Live on Zoom)

December 25th CHRISTMAS

December 27th

10:00 – 10:20 Guided Meditation 10:30 Service begins (Live on Zoom)

December 28th "Delightful Deliberate Creators"
Sacred Circle
Nancy Walker, Leader
(Live on Zoom)

December 27th Meditation with Michael Benjamin

(Live on Zoom)

ATTENDANCE...

Have you been attending online? You can go to:
Bear Valley Center for Spiritual Enrichment
on Facebook or get the Zoom connections on
Facebook for our website and join "in person"
You can see all the recorded services by either
going to our website or our BVCSE YouTube
channel.

December Birthdays!

December 17th Ellen Kesler

December 21st Elizabeth Arkin

December 23rd Brad Riesau

December 24th Suzanne Klump

December 25th Jesus

December 26th Beth Wheat

Barbara Weyant

Rob Werner



A Special Time

Judy Schwab

Shopping lists, kitchen smells, children singing, "Jingle Bells," colored lights, falling snow, fireplace with amber glow, trees adorned, a holly bough, parties, friends, blessings now. Memories shared, a quiet tear, some are gone, still wanted here. A time of peace and hope renewed, our fellow man, with love imbued – a host of things, so many more, to answer, then,

What's Christmas for?



Board Article

Nancy Walker

In these unprecedented times, your Board of Trustees has been meeting monthly via Zoom to discuss the business of our Spiritual Center. Led by our President, Michael Benjamin, we work together as a team to make sure we are in integrity in every area of our organization: Mindy Mathewson, Treasurer, keeps us apprised of our financial picture with a Profit and Loss report each month; Margo Penardi, Secretary, takes the Minutes and distributes them to us each month, along with the action items we agreed to perform, keeping us on track with our goals; Eloise Lepore, our Member-at-Large, is always there with questions, ideas, contributions and willingness to serve, and I am Vice-President, updating the website weekly, as well as keeping our Facebook page updated and posting weekly videos to our YouTube channel. Please visit our channel and Subscribe!

We are a "Working Board", which really means that we are doing all the tasks previously assigned to our administrative assistant, including keeping the "high watch" on the business of the Bear Valley Center for Spiritual Enrichment. We are all willing to do what it takes to keep our Center a viable spiritual presence in our community. Service is a Spiritual Practice, and one that rewards the giver, as well as the receiver!



We hope you will communicate your needs and wants to us so we can represent you the best way possible. We also hope you will join our Sunday Services and Wednesday morning meditations; both on Zoom. The more you participate, the more you will receive and be served. The links to join us are posted every week on Facebook, as well as on our newly designed website: www.bvcse.org. We hope to see you soon!

Blessings,
Nancy Walker, RScP





SPEAKERS & TOPICS for DECEMBER 2020

December 6th Rev. Diane Borcyckowski "All we Need is Love"

There's lots of news these days about the division in our country: The Great Divide! Happily, our President-Elect seems genuinely interested in the spiritual principle of Unity and in unifying our country and the world. Biden says, "We have opponents, not enemies". Wow! It seems we can disagree without hating each other. Imagine that! Let's imagine more than not hating those with whom we disagree... imagine propelling ourselves forward in the Spiritual Evolution of Consciousness where Love is central rather than fear! We're going to get through this... of course we are. But more than getting through,this Sunday, let's start anticipating and co-creating a "thriving humanity"! All we really want is love; so let's give it to each other.

December 13th Janet Grace Nelson, RScP "Peace in the Presence – A Gift for All"

This is a divine invitation to deepen our relationship with God's Love as we receive His precious gifts. It's a time to reflect on the true reason for the season and it starts in our hearts. Let's share this sacred journey together to radiate even more Love, Peace and Joy this "HolyDay" Season!

December 20th Rev. Ali Benjamin "Revolve, Reconcile, Return"

Happy Winter Solstice! We live on a planet that revolves around a sun in a solar system amidst a milky way galaxy and part of a vast, mostly, unexplored universe! Our little lives might seem insignificant in this science-eye view of things, but our individual lives are of extreme importance to us, our loved ones, and to God. Rev. Ali will dive into the importance of each human being and our part in our planet's evolutionary story.

December 27th Rev. Dr. Martha Creek "New Ways of Being Old"

It only takes a few minutes with Martha to realize that she speaks from her heart to yours. A humble and humorous public speaker, a student and teacher of life, an innovative leader, a servant-hearted team builder, Martha is fair, conscious, practical, efficient, joyful, honest, generous, and as loving a soul as you will ever meet. Martha offers her teachings, her life experiences, as well as, her insights, not as advice, but as an option. She provides opportunities for her audience to experience the power of living from their own truth and realigning with their divine nature. This Sunday, Martha will discuss how we can embrace the vital spiritual necessity of endings, the necessity of contemplation, and of dissolving the old and looking forward to the new!



Inspirational Article

"Lighten Up"

Greetings and Happy Holidays! I am sending you waves of light and love at this very moment and a reminder to lighten up your life. After all, you are the only one who can do it.

I said in prior messages, the year 2020 is arguably the weirdest year of our lifetime. As if we do not already have enough opportunity to get distracted from our true nature, here comes 2020! First, there is COVID and all that brings, and then, the most contested election in our history; regardless which party or candidate you supported, you likely have been whipped-off your center. You know you are off-center when you feel scattered, frustrated, lost, alone, uncertain, concerned, angry or anything other than whole and sovereign, which is your real state. Remember, before you came into your body,



you existed in, and as, the Light. We are each yoked to our Divine Source through the Light. The Light of Life, your divine real state of being, is always on and never off. It is coming into being always and in all ways.

In Quantum Physics, they observe the light frequency slowing down vibrationally, to thicken into form, as electrons, through divine consciousness, and the multiplication of billions and trillions begins. You see, we are all living, moving, and having our Being immersed in Divine Light, in every moment.

If there is a trickery to this existence, it is that over a millennium, our domestication as humans, the awareness of this has been stripped away and redirected outside of ourselves. So we tend to feel our Good Factor, whatever that may be, is outside of us: "When I get to this place, then I will be complete." Or, "When I get past this injury, then I will be complete". The truth is, you are a sovereign being of wholeness in this and every moment and unless you turn on this awareness, your completeness will remain elusive.

This is what Jesus came to share. It is in the Light we live, move, and have our Being. I am, you are, we are, all beings of the Infinite; the eternal, light-divine energy. To experience this, simply turn within by closing your eyes, take a breath, and realize that through Divine Consciousness as the lung functions, Divine Intelligence is converting air into vital oxygen for your body and it knows how to do it. That is it: simply turn to it and feel it in action in this moment. We all came into human form with everything that was required to move forward on this journey.

This is reality and will never change - everything that is required and needed to move into the next moment is already here and available. Can you ever remember a time that a situation or predicament did not work out? To the contrary, not only does it work out, but it also usually works better than we could have imagined.

So, as we move into this holiday season, lighten up your life. See the Light Divine working in you, for you; know you are a being of wholeness. Allow this to emanate through your Being and in your conscious awareness. As Jesus said, "I am the light, the truth and the way; follow me". And Dr. Ernest Holmes taught, "You cannot have what you are not willing to become. To be the Light, you must first realize that you are the Light."

In closing, when you find yourself off-center, please reach out to one of your practitioners here at the Center. We are here to know your truth, even when you may not be able to do it for yourself. We are here for you.

Love and Light,

Michael Benjamin, RScP

WHAT'S THE HAPS

- *Sandy Morrell-Lucia's* husband, Alan Lucia, made his transition on November 23rd after many complications. He had been challenged with prostrate cancer over a year ago, then several strokes, and cirrhosis of the liver.
- Rev Ali and Michael Benjamin are presently in a condo in Scottsdale, AZ and Ali's back is healing well. They thank us for our prayers and concerns.
- *Falomi Mendoza* has had heart health challenges and is now on the path of healing and good health. She is doing well.
- Update on *Millicent and Tom Cook* Millicent no longer knows who Tom is, but accepts his presence. Tom would very much like to hear from friends between 10:00 am and 6:00 pm. If you can call him or write him a note, please do so. He is taking care of her, living with her, but in the residency and gets help when he needs help, usually physically.

Tom Cook, 909.744.7467, 1318 W. Alta Mesa Dr., Brea, CA 92821, tom-millicent@outlook.com

• Update on the *Huffmans*. *Larry* had a 4th procedure to remove the fixator from his foot ("not a big deal") – the cadaver bone they put in is doing well. *KC* had an ultrasound on November 16th for a female issue – results were not available at newsletter printing time.

World of Winter Snow

Viginia Blanck Moore

All around the house tonight, all around the town, feathery flakes of crystal snow are drifting gently down.

They dim the shape of tree and shrub and pad the walk with white and make each streetlamp's golden rays look soft as candlelight.

They settle on the windowsill, creep upward as we stare in fascination at this wealth of whiteness everywhere.

Oh, surely even fairyland with all its magic glow could not be lovelier that this white world of winter snow!



Many, many thanks to Sally Markey who maintains our Center's yard and building – she cleaned the roof and gutters free of the pine needles and debris, as well as cutting back the trees when needed.