



Bear Valley Center for Spiritual Enrichment
A Religious Science Community
"Open at the Top"

August 2020 Newsletter

Sunday Services, 10:30 a.m.

578 Bonanza Trail, Big Bear Lake

P. O. Box 4184, Big Bear Lake, CA 92315

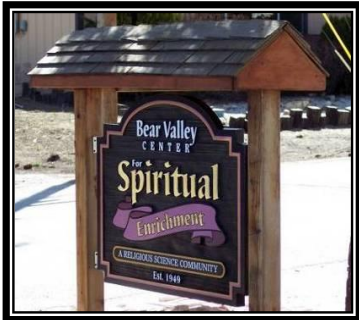
909-866-7100, Email: info@bvcse.org. Website: www.bvcse.org

501C3 tax ID #95-3685187

*Our purpose is to inspire and nurture spiritual growth by accepting a loving, all inclusive community through teaching, healing, and serving, for the highest good of all.
We are the Mind of God knowing, the Heart of God loving, and the Hands of God serving.*

Newsletter staff: Editor, Ellen Kesler – Layout Manager, Julie Grandi
Newsies – Mac & Hamish Kesler

August Topics and Speakers



Speakers & Topics:

August 2nd **Nancy Walker, RScP**
"The Law of Pure Potentiality"

August 9th **Rev. Ali Benjamin**
"The Law of Detachment"

August 16th **Rev. Jean Sweet**
"Talking 'Bout Freedom"

August 23rd **Kim Boda**
"How to Tap into the Emotions of Joy, Love and Gratitude"

August 30th **Rev. Diane Borczykowski**
"Prayers are Not Answered, They are Realized."

August Calendar

August 2nd 10:00 - 10:20 a.m.
Guided Meditation
10:30 a.m. **Service begins**
(Live on Facebook & Zoom)
Nancy Walker - Speaker

August 5th 10:00 a.m. live on Zoom
Meditation with Michael Benjamin

August 9th 10:00 - 10:20 a.m.
Guided Meditation
10:30 a.m. **Service begins**
(Live on Facebook & Zoom)
Rev. Ali Benjamin – speaker
12:00 p.m. **Board of Trustees Meeting**
(Via Zoom)

August 12th 10:00 a.m. live on Zoom
Meditation with Michael Benjamin

August 16th 10:00 - 10:20 a.m.
Guided Meditation
10:30 a.m. **Service begins**
(Live on Facebook & Zoom)
Rev. Jean Sweet – speaker

August Calendar (continued)

- August 19th*** ***10:00 a.m.***
Meditation with Michael Benjamin
(Live on Zoom)
“In La Kesh” Sacred Circle
Michael Benjamin,
Leader via Zoom
- August 23rd*** ***10:00 – 10:20 Guided Meditation***
10:30 Service begins
Kim Boda, speaker
(Live on Facebook & Zoom)
- August 26th*** ***10:00 a.m. live on Zoom***
Meditation with Michael Benjamin
- August 30th*** ***10:00 - 10:20 a.m.***
Guided Meditation
10:30 a.m. Service begins
(Live on Facebook & Zoom)
Rev. Diane Borcyckowski – speaker
- August 31st*** ***DDC’s Sacred Circle***
(Delightful Deliberate Creators)
Nancy Walker, Speaker
Leader via Zoom

ATTENDANCE...

***Have you been attending online? You can go to
Bear Valley Center for Spiritual Enrichment
on Facebook or get the Zoom connections on
Facebook for our website and join “in person”***

***Click on the videos and see the 10:00 a.m. Guided
Meditation and Service at 10:30 a.m.***

Our Board of Trustees

<i>President:</i>	<i>Michael Benjamin</i>
<i>Vice President:</i>	<i>Nancy Walker</i>
<i>Secretary:</i>	<i>Margo Penardi</i>
<i>Treasurer:</i>	<i>Mindy Mathewson</i>
<i>Member at large:</i>	<i>Eloise Lepore</i>

An Important Message at This Time

Developing Spiritual Consciousness

What if we go on the adventure within and discover first-hand the oneness of all life, or kinship with nature, and the power of meditation? Are we not at that time experiencing freedom from prejudice, bigotry, and “narrow mindedness”?

What would happen if we “real-eyed” that the God that created us loves us, forgives us, and never leaves us???

I believe that the self-hate syndrome would be healed and the truth being revealed would elevate our perspective to a frequency of trust that would be free of having been concealed...at that point of uncovering the truth, being thankful (thanking God) would be a daily celebration.

Can we fathom the joy of developing spiritual consciousness as a sure way of releasing stress? I’m learning that when I’m feeling stress, I’m trying to do something that only the Source of our Existence can do. So, thank God for our developing spiritual consciousness, making the flame of consciousness the power of fulfillment and intentions (attitude). When the attention is on the spark, then the attention is being fanned into a flame and that makes the flame of consciousness become the power of fulfillment.

Namastè,
Art Harriman

Board Article
Margo Penardi

“Ch-Ch-Ch-Changes (Part 2)”

Hello and welcome to August 2020!



The last time I was here to provide a Board Member article for our Newsletter was in March. That date may ring a bell, as mid-March was when our community, our state, our country, and pretty much the world came to a screeching halt and life as we knew it, changed dramatically. Ironically, that March article was all about “Change”. Little did I know at the time of that writing, just how much was going to be changing in just a matter of weeks...stay-at-home, face coverings, hand washing, toilet paper shortages, social distancing, “essential businesses”, and Covid19/Corona virus (among many others) were terms that were pretty much unknown when that March Newsletter was published. Wow, those terms are now such a part of our lives!

The changes I wrote about, however, were all about the new things that were happening at our own Bear Valley Center for Spiritual Enrichment...little did I (or anyone) know what changes were really about to happen! I am referring to having to stop our Sunday services from occurring at our beautiful Center. Fortunately, we had already been streaming and recording our Sunday services on Facebook Live, so it was a fairly easy transition to continue doing that each week. Rev. Ali and Nancy Walker, RScP, (and Practitioner Michael Benjamin) were still able to provide a meditation at 10:00 and a talk at 10:30, usually from their own homes. A few months later, as we started to realize that we weren't going to be opening anytime soon, we decided to start adding our Sunday services to Zoom as well as Facebook Live. Starting with Zoom meant that we could see each other onscreen and begin to have some interaction with each other, at least online. We even held our annual General Membership meeting via Zoom. It felt really good to begin to finally have more of a connection with those that showed up.

Now, here we are 5 months later, and we continue to experience changes! Many of you are wondering when we might be meeting in person again at our Center. That, my friends, is the 20-million-dollar question! Your board has talked about this at every monthly board meeting. Each month, we ended up deciding to wait until the following month to continue that discussion. The state had many guidelines and restrictions that would have to be met in order for places of worship to open. These included temperature checks, wearing face coverings, sitting and remaining 6 feet apart (what no hugging!?), and no hospitality (what no food!?), among others. The Board felt that the risks and restrictions of meeting in person were just not going to be worth the reward and it made sense to us to continue meeting online for the time being. Recently (just a few days ago as this is being written), many of the businesses and places that had been allowed to be open at all have now had to reclose, including churches and places of worship. Our decision to keep waiting to meet in person turned out to be the right decision for now.

BUT...as we move into the month of August, we have some exciting changes in store. Check out the schedule of topic titles and descriptions for the month and the speakers! We are very excited to be opening up the schedule to include more guest speakers in the coming months! We will continue to be doing this via Zoom and Facebook Live...10:00 Meditation and 10:30 for talks and then conversation after!

(Continued on Page 4)

“Ch-Ch-Ch-Changes (Part 2) - continued

I want to take this opportunity to give some thanks to some people. Thank you, ***Ellen Kesler and Julie Grandi***, for keeping our Newsletter going and providing a way for you to be connected to the Center and to find out what is going on. Thank you to ***Sherry Noone*** for continuing to be active by monitoring and updating our website and for continuing to research potential financial opportunities for our Center. Thank you to everyone who is sending in tithes and offerings each week. Judicious budgeting and keeping track of our income and expenses by our ***Treasurer, Mindy Mathewson***, has kept our Center's finances in the black for the past few months, so thank you, Mindy! Thank you to our spiritual leaders and ***Practitioner team, Rev. Ali, Nancy Walker, and Michael Benjamin*** for keeping us spiritually connected and uplifted each week by their talks, meditations, and loving care.

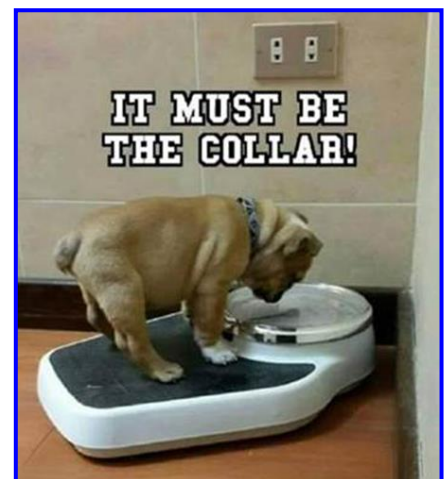
Finally, ***I want to thank all of you*** who are reading this for your continued support (both financial and non-financial) of our Center. I also want to encourage you to continue to connect on Sunday mornings, either on Facebook Live, or even better, on Zoom! We would love to “see” you during our Sunday service and have a chance to visit and connect, even if virtually for now. If you have been attending via Zoom or Facebook Live, please continue and if you haven't yet, please consider joining us! If you need help, please reach out to a board member and we will be happy to help get you connected! In the meantime, as ***John Grandi*** always said, “Stay Tuned” for more exciting changes and ways that you can be involved in the Bear Valley Center for Spiritual Enrichment! Stay safe!

Namaste,

Margo Penardi
Board Secretary

Our cleaning lady just called and told us she will be working from home and will send us instructions on what to do.

To go to the grocery store , they said a mask and gloves were enough....they lied.....everybody else had clothes on!



SPEAKERS & TOPICS for AUGUST 2020

August 2nd

Nancy Walker, RScP

“The Law of Pure Potentiality”

This week, Nancy will explore the realm of pure awareness where all possibilities lie. In this realm, we find the home of knowledge, intuition, balance, harmony and bliss.

“The Law of Pure Potentiality reminds us that every movement emerges from the silent field of infinite possibility. The more powerful the silence, the more effective the movement,” Deepak Chopra - The Seven Spiritual Laws of Yoga.

August 9th

Rev. Ali Benjamin

“The Law of Detachment”

We have a choice; we can let go and let God or we can try to hold on to our false sense of control. Rev. Ali will share keys to living the law of detachment; surrender, trust, willingness. The Law of Detachment, once understood and actualized creates greater ease, flow, and joy in our lives.

“At the spirit level, everything is always unfolding perfectly. You don’t have to struggle or force situations to go your way. Instead, you can intend for everything to work out as it should, take action, and then allow opportunities to spontaneously emerge,”

Deepak Chopra.

August 16th

Rev. Jean Sweet

“Talking ‘Bout Freedom”

Our work right now is to cultivate a consistent consciousness of freedom. Those three "c" words are deliberate. We will talk about how the Mind of God perceives freedom, and how that quality, which is incorruptible and infallible, works through your consciousness into your personal experience and out into the world. What the world needs now, is love sweet love and your unfailing consciousness of the grace and goodness of God.

August 23rd

Kim Boda

“How to Tap into the Emotions of Joy and Gratitude”

Kim Boda is an International Team Leader for best-selling NY Times author, Dr. Joe Dispenza, a Certified High Performance Coach™, a Neurochangesolutions corporate trainer, and Real Estate Consultant. In Kim’s talk, she will show you how to boost your immune system by 50% in less than a week! Stressful times call for Supernatural tools and Kim will help you to understand how the body helps to fight off disease and what causes our immune systems to break down. She will also share how to use the body’s innate powers to create a supernatural shield against the effects of stress, negative/spiraling feelings, incoherence in relationships, and the current environment we are living in on a daily basis.

AUGUST 2020 (continued)

August 30th

Rev. Diane Borcyckowski

**“Prayers are Not Answered,
They are Realized”**

To the degree that we understand that God is not an auditory nerve in the sky, but that God IS us, that is the beginning of understanding the power in prayer. If your prayer life has felt discouraging, and you have felt like giving it up, then you're closer to manifesting results than you think. And that's when you "realize" that manifesting results isn't even the point! Join Diane as she delves into the evolution of prayer in the individual and our relationship with Spirit, and how those two things are inseparable.

INSPIRATIONAL ARTICLE

Sherry Noone

A Journey from Head to Heart



A Practitioner's journey is one of travel – from a head-centered, thinking place, to a heart-centered, feeling place.

We grew up thinking. Our school and our families emphasize thinking skills. As children, this offers critical skills so that we can begin to grow in wisdom and consciousness. Feeling skills are often considered less important in a world where material success is highly prized.

At some point in our lives, many of us ask ourselves metaphysical questions. What is important? Who am I? What do I really believe? Am I happy? What do I want? And that begins a journey from head to heart.

As we in New Thought believe, we invoke the Law of Attraction constantly. Our random thoughts – “I want a new car” – send a desire into the universe. When we send such a desire in a focused, attentive way, we set up an *intention* to focus our *attention* upon acquiring said car. Here is where the marriage of head and heart come in: to merely think about getting a new car won't get us anywhere. Thinking about getting a new car, bringing our heart's desire to bear, and using these as motivation to 'move our feet', brings about the needed conditions to get that car.

A Practitioner's journey is to keep the heart open to bring about results for self and others. This task is metaphysical. One person's new car may in fact be a deep desire for a knowing that abundance is theirs. Another person's desire for a better relationship may actually be fulfilled through greater self-esteem. Healing and recovery from health challenges are often presented to a Practitioner for treatment. A Practitioner, using the tools of Spiritual Mind Treatment, works to see a client in Truth: abundant; loving; worthy; healed. It requires intention, practice and most of all, heart-centered Love.

***Namastè,
Sherry Noone,
Practitioner Intern***

A New Way to Give

Keeping up with technology, your Center is offering a new way to give your weekly tithe! Just text “**GIVE**” to (619) 345-5647. This is especially useful if you want to support your Spiritual home when you cannot attend Sunday service. You can set up recurring giving or donate whenever you wish.

You can also donate on our website: www.bvcse.org and click on the Donate tab at the top of the website, which takes you to PayPal.

And you can always send a check by mail to our mailing address: Bear Valley Center for Spiritual Enrichment, P.O. Box 4184, Big Bear Lake, 92315.

At this time during the pandemic, the Board is holding off opening the Center until they feel it is safe for our congregation to meet. Please remember utilities and mortgages still have to be paid.

What's the Haps

- **Sally Markey** will be having cataract surgery on August 5th
- **Millicent Cook** is back with Tom at the retirement/assisted living home.

Does this sound familiar?

Hidden Lake

Fritzi Urban

Nestled quietly between the ridges
It lay like a small gem,
Cool and green, sparkling in the sun.

The cone-studded shores were lined with trees,
Casting long shadows on the water,
Disturbed only by the ripple of the wind.

Sunken logs lay below its surface,
Age-old, as constant reminders
Of hard winters before.

The distant song of a bird
Rang crystal clear across its waters...
Its sound thrown back from the towering wall.

A granite slide encased one end
Rising upward, ever upward
God surely speaks to us here
To the wonder of blue above.
Beneath these infinite skies...
In whispering voice and songs of joy.

Birthdays!

August 4 th	Fred Hinton
August 16 th	Sherry Noone
August 17 th	Roger Culbertson
August 20 th	Margo Penardi
August 28 th	Judy Hinton

